

# NEWSLETTER FERNLEIGH PUBLIC SCHOOL

17th November 2014

Term 4 – Week 7

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## Dates to Remember in 2014



### Term 4

#### November

- 18<sup>th</sup> Swimming – am  
Fun Run - pm
- 19<sup>th</sup> After School Sport  
Bookclub Orders Due
- 24<sup>th</sup> Fun Run Money &  
Form Due Back

#### December

- 5<sup>th</sup> Kinder Orientation
- 11<sup>th</sup> Currumbin
- 12<sup>th</sup> Kinder Orientation
- 16<sup>th</sup> Assembly Concert
- 17<sup>th</sup> Last Day Students
- 18<sup>th</sup> School Development  
Staff Only

#### Student Banking –

Wednesday/Friday  
**Munch and Sip** - Every  
Day

**Office Days** – Monday,  
Wednesday, Friday.

**Dates and times may  
Change**



## FROM THE PRINCIPAL

Dear Parents and Carers,

Thanks to Ms Bailey last Friday for working with K-6 on Balinese art. This allowed Ms Austin and I a fruitful day of data analysis and joint planning for 2015 school improvement as we attended our final day of **Visible learning** training.

Our **school photos** were retaken last Wednesday and we will forward these to parents as soon as they arrive at the school later this term.

Tomorrow sees Week 6 of our 8 week **swimming program**. This has been a wonderful undertaking by Ballina HS staff to organize the grant for this activity. Our children have certainly benefitted from the expertise of training offered by Francis Quinn and his staff. Included in this grant was some finance available for transport and we have a bus organized to return the children to school for the rest of the program starting tomorrow. This is only for **RETURNING** to school. Thank you so much to all the parents who have helped with transport for this very important program.

This is the **2<sup>nd</sup> last week of Active After School Sports**. The final activity will be conducted next Wednesday. In 2015 the same grant is not available, but will take on a new form. The school is currently awaiting further information on how to apply for the new program.

The school has purchased the T shirts required for costumes for our end of year **musical performance on Tuesday 16<sup>th</sup> December**. Further information about costumes will be coming home shortly. This year we have a special guest, Mr Peter Campbell, our Director of Schools for the Richmond Valley, joining us to help give out awards and to be part of the audience for our musical.

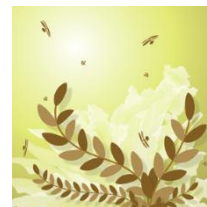
Weather permitting (not too hot and not too cold), we will be holding our **Fun Run on Tuesday afternoon** this week as money is due in next week.

This week we will be continuing our work on **Child Protection** (please feel free to look at the lessons if you wish) - see Mrs Douglas.

This week we will be conducting various assessment activities, in preparation to write our end of term reports. Some pictures of the students using catalogues to calculate the cost of shopping items and change in last week's Maths lessons, are included in this edition.

Stay cool and have a great week.

Dawn Douglas  
Principal



## ADIDAS SCHOOL FUN RUN

Reminder- Adidas Fun Run money and forms are due back to school by **Monday 24th November**. Money **MUST** be back by this date to ensure prizes can be sent out before the end of the year.  
*Lauren Winfield*

## BOOK CLUB

Book Club orders and money due back this Wednesday, 19<sup>th</sup> November.

### Our Days at the pool



## WHAT IS ASTHMA?

Asthma is a condition of the airways. People with asthma have sensitive airways in their lungs which react to triggers that set off their asthma. This makes it harder for them to breathe.

Three main factors cause the airways to narrow:

- The inside lining of the airways becomes red and swollen (inflammation)
- Extra mucus (sticky fluid) may be produced, which can block up airways

-Muscles around the airways squeeze tight. This is called 'bronchoconstriction.'

One in ten people in Australia has asthma - that's over two million people!

Asthma affects people of all ages. Some people get asthma when they are young; others when they are older.

What should I do if I think I have asthma?

If you suspect you might have asthma, you should see your doctor for a professional diagnosis. The good news is that most people can control their asthma with medications and lead a normal life. Once your asthma is well controlled you should experience only occasional symptoms, and asthma attacks (or flare-ups) should be rare.

## COMMUNITY ANNOUNCEMENTS

**Australian Youth Football Institute has partnered with Sports Camps Australia to provide 3 day soccer camp in the upcoming school holidays.**

Being held at the Lennox Head Sport & Rec centre, Lake Ainsworth, this camp will be held in the school holidays from the 12th - 14th January, where players will be grouped according to age and ability.

Details for this camps and others can be found on our website [www.sportscampsaustralia.com.au](http://www.sportscampsaustralia.com.au), where campers are also able to register.

### Creating a backdrop

